

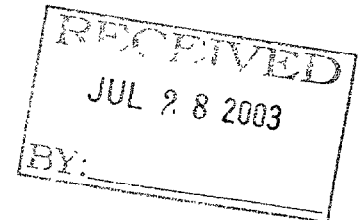


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 567-1953

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 17, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Metabosurge™ Ephedra Free supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Calcium, Chromium, Green Tea Extract, Super CitriMax® Garcinia Cambogia Extract, Guarana Extract, Yerba Mate.

- Enhances Diet
- Provides Energy
- Helps Curb Appetite
- Supports Weight Loss
- Promotes Thermogenesis
- Metabosurge™ Ephedra Free gives you the metabolic support and energy boost you need to fight cravings and succeed at your dieting goals. This ephedra-free formula contains Super CitriMax® to curb appetite, Chromium to support the metabolism of proteins and fats, Guarana to provide Thermogenic results and Green Tea (standardized for EGCG) to support weight loss when used with a reduced calorie diet and exercise program.
- Metabosurge™ Ephedra Free works with your body to help keep you on track and to help you to achieve dieting success!

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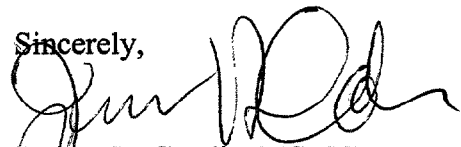
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The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in black ink, appearing to read 'Joanne DeCandia', written over the printed name.

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je